

TROPICAL TREKKERS ACTIVITIES LISTING

1/31/2019

Wednes day Jan 9 2019	Seabran ch Preserve State Park	Trail Work- Meet at 8 AM at the kiosk, 6093 SE Dixie Highway, Stuart. Plan on a half day. We will be back in our cars by noon. We will work on the south end of the East Loop and it will be dry. Please bring: Water, Loppers, Water, a snack, and more water. Please wear clothing appropriate for trail work, closed toe shoes, AND your smile. The eagles are at the nest and may be sitting on eggs.	Public Moderate to Strenuous	Richard Knapp Fran Connolly rsknapp1@comcast.net 772 334-5603
Thursday Jan 10 2019	Jonathon Dickinson State Park, 16450 SE Federal Hwy, Hobe Sound	2 Mile Guided Walk-Rescheduled from December 13. Meet on the porch of the Kimball Center at 9 AM for a guided walk with park biologist, Robin Rossmaitth to observe the flora and fauna at the rear portion of the park. See if you can find/ observe/ photograph the "brown headed nuthatch" reintroduced to the park. You will need sturdy, closed toed shoes, bug spray, snack, sunscreen, minimum 1 qt of water, clothing appropriate to weather on the day of the event, 3x5 index card with medication and emergency contact info secured in your daypack (we will complete these while on the porch before the hike), camera, and your enthusiasm to explore the wonders of the park.	FTA members This is a follow up to the December Chapter Meeting	Susan Killeen killeenssn@gmail.com
Jan 13 to Jan 20 2019	Ocala National Forest	Backpacking Trip - Hike 40-50 miles with Jim and his son Jim through the beautiful Ocala National Forest on the FNST.	Public Strenuous	Jim Couillard koolyard@bellsouth.net 772 485-8367
Tuesday Jan 15 2019	Starvation Slough Micco Bluff Rd. Okeechobee	Trail maintenance-CANCELLED DUE TO GOVERNMENT SHUTDOWN Please join us on the Florida Trail to paint blazes, lop, mow, and brush cut with LOTS of breaks. Wear sturdy shoes, sunscreen, a hat, your smile and bring PLENTY of water and snacks.	Public Moderate to Strenuous	Audrey Minnis 772 521-4964 aminnis@bellsouth.net
Wednes day Jan 16 2019	Halpationee Regional Park, 7645 SW Lost River Road, Stuart	Let's take a walk in the park- We'll meet at the parking lot adjacent to the skating rink at 9 am and will walk a loop trail, about 4 miles. Wear good shoes, bring water and a snack. We start on time. Restrooms are available at the parking lot location.	Public Leisure to moderate	Jeanne Couillard jsc7@bellsouth.net
Saturday Feb 2 2019	Seabran ch Preserve State Park 6093 SE Dixie Hwy, Stuart	Hike- Please join us for a 5 mile hike through Scrub, Scrubby Flatwoods, Pine Flatwoods, Gall-Bay Wetlands, and more. The wetlands are muddy and irregular, so please do not sign up for this hike if you have balance or mobility problems. Please bring hiking sticks, water, sunscreen, and insect spray. Expect a moderate fitness-level hike with some "naturalist on the fly" interpretation. There is a composting-toilet bathroom at the kiosk. We should be finished before lunch but there is a picnic table at the finish where we can eat our bagged lunches, if you wish. We will meet at the trailhead at 8:15 and begin hiking promptly at 8:30 to beat the heat.	Public Moderate	Mary Starzinski and Kathy Petteruti marystarkp@gmail.com 772 233-2820
Tuesday through Thursday Feb 5-7 2019	Florida National Scenic Trail- Starvation Slough to Kissimmee Prairie Preserve SP	Backpack 101- We will hike about 8.5 miles into Riverview Campsite at the south entrance of Kissimmee Prairie Preserve State Park on Tuesday and hike out to the Kissimmee Prairie Preserve SP office, about 12.5 miles on Wednesday. Although we are planning on completing this hike in 2 days, we will leave the third as an option. Expect to walk in water between ankle and knee deep if there have been recent rains. Pig rut is likely in some areas. Day 1 is mostly under canopy with about a half day of sun on the 2nd day. There is a good chance to see deer, hogs and many birds. Have previously seen coyote and panther (very rare) in this area. Participants may be required to attend January 27 shakedown hike prior to acceptance.	Public Moderate to Strenuous Limited to 6	Lori Burris loriburris.swamptrumper @gmail.com 772 879-9378

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Saturday Feb 9 2019	Chandler Slough South 144 Trail (Lofton Rd), Okeechobee	Trail Mork- Please join us for a morning of lopping, mowing and blazing on the FNST in Chandler Slough. Meet at the trailhead at 8 am wearing appropriate clothing for trail work and closed toe shoes. Bring loppers, gloves, hat, sun screen, water and a snack.	Public Moderate to Strenuous	Vicki Lambie lambieva@aol.com 772 318-8043
Saturday Feb 9 2019	Oxbow Eco Center 5400 NE St. James St. Port St. Lucie	Guided Walk Rescheduled- Wren Underwood, master naturalist and Senior Education Coordinator will host a 3.5 mile walk of the Oxbow Trails for those who attended her talk at our October Chapter meeting. Members wishing to join this activity will be placed on a waiting list and will be notified if a position becomes available, as the limit of 20 has already been reached.	Limited to members plus one guest Moderate	Susan Killeen killeensn@gmail.com
Monday Feb 11 2019	Palm City Community Center 2701 Cornell Ave. Palm City	Monthly Chapter Meeting -Please join us for a fun and informative evening beginning with a social time at 6:30. Our speaker will be Alex Creager, manager of Kissimmee Prairie Preserve State Park and Okeechobee Battlefield Historic State Park. Alex will share his extensive knowledge about the flora, fauna and history of the park. He is passionate about his work and will inspire listeners to learn more. Bring a snack to share, if you like, and arrive early to chat with old friends and make new friends.	Public	
Wednes day Feb 20 2019	Pine Glades Natural Area 14122 west Indiantown Rd Jupiter	Hike- Please come on this 6 to 6 1/2 mile hike. Please bring water and a snack. We will leave the parking area at 8 am. Please email me for details and driving directions.	Public Moderate	Jeanne Couillard jsc7@bellsouth.net
Saturday Feb 16 2019	Dupuis Management Area Kanner Hwy	Hike- We will hike approximately 9 miles in Dupuis through pine flatwoods, wet prairies (be prepared), marshes, and cypress domes. The walk is mostly shaded, but hat and sunscreen is advised. Bring a bag lunch and we will eat at Loop 4's campsite. Please, experienced hikers only (baling out is difficult). Dupuis is approximately 30 minutes from the Halpatokee Park and Ride; we will carpool from this site, meeting at 7:30 and leaving at 7:45. Or meet us at Gate 1 by 8:15 to begin hiking by 8:30.	Public Moderate	Janet Bartha jebartha1952@att.net
Saturday March 2 2019	Spirit of the Suwannee Music Park and Campground 3076 95th Drive Live Oak	I DID A HIKE Annual fundraiser- Come walk to raise funds for the FTA along a new section of the Florida National Scenic Trail on the beautiful and historic Suwannee River. Participants will register for the hike between 8 and 11 AM for \$20 and will be shuttled by bus to the access point. The hike is approximately 11 miles with a number of take out points. Catch the dogwoods, wild azaleas, fringe flowers and many others in bloom. Pass high above Jerry Branch, and Disappearing Creek that cuts a narrow canyon and disappears after cascading down a 25 foot wall of rock. These are just a few of the highlights of this hike. The North Florida Trailblazers are organizing a weekend of activities and fun	Public Moderate to Strenuous	floridatrail.org
Sat March 2 to 7 2019	FNST from Olstee Creek to White Springs	Backpacking Trip - Join us to hike 50 miles from Olustee Creek Campsite to White Springs on the Florida National Scenic Trail. Limited to 5 members. Must have prior backpacking experience.	Strenuous	Louise Cunha lcunha2@comcast.net 772 341-7370
Wednes day Mar 6 2019	Grassy Waters 8537 North Lake Blvd West Palm Beach	Hike- Lets check out the cypress trees in their spring color. We are meeting at the Watershed Management entrance and will begin the hike at 9 am. This hike is 5 miles and, for anyone who is interested, we may be able to check out the boardwalk also. Bring water, a snack and sun protection. Please email me for details and driving directions.	Public Leisure	Jeanne Couillard jsc7@bellsouth.net

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Monday Mar 11 2019	Palm City Community Center 2701 Cornell Ave. Palm City	Monthly Chapter Meeting Please join us for a talk by Katharine Murray of Environmental Quality Control, Inc. who will be discussing invasive plant control. We will also be electing the new officers of the board. Bring a snack to share if you like and arrive early to chat with old friends and make new friends.	Public	
Saturday Apr 6 2019	Gainesville	Annual FTA Meeting- Come to meet the administrators of the Florida Trail Association and see what is being planned for our future.	Public	
Wednesday Mar 27 2019	Riverbend 9060 W Indiantown Rd. Jupiter	Hike Riverbend- Meet at 9am for a leisurely 5 mile hike through one of Palm Beach County's prettiest parks. Pack a picnic lunch and plan to eat at the Picnic Island area. Please email me for details and driving directions.	Public Leisure	Jeanne Couillard jsc7@bellsouth.net
Monday Apr 8 2019	Palm City Community Center 2701 Cornell Ave. Palm City	Monthly Chapter Meeting Please join us for a return visit by Susan Hamburger who will be discussing the results of her latest research. Her topic is "How much plastic are you eating?". Bring a snack to share if you like and arrive early to chat with old friends and make new friends.	Public	
Monday May 13 2019	Palm City Community Center 2701 Cornell Ave. Palm City	Monthly Chapter Meeting Please join us as we host Dan Cotter of the South Florida Water Management District. Bring a snack to share if you like and arrive early to chat with old friends and make new friends.	Public	
Monday June 10 2019	Palm City Community Center 2701 Cornell Ave. Palm City	Ice Cream Social- We will end this season of monthly meetings with a gathering to celebrate the summer. We provide the ice cream and you bring a topping. Although there will not be a monthly meeting in July or August, the activities will continue, so keep your walking shoes handy.	Public	

Difficulty:				
	Leisure	Generally 5 miles or less, good footing, casual to medium pace		
	Moderate	Generally 5 to 10 miles, uneven footing, possibly water, and/or fast pace		
	Strenuous	Generally more than 10 miles and/or backpacking, uneven footing, possibly water, and/or fast pace		
Participation:				
	Public	Event is open to members and anyone else approved by the event activity leader		
	Members & Guests	Event is open to members and their guests approved by the event activity leader		
	Members Only	Event is open only to Trekkers and other FTA members in good standing		
		Note: Biking, paddling, swimming or backpacking events may depend more on an individual's physical fitness for the activity than any rating.		
		Always discuss any physical limitations, concerns or questions you may have with your activity leader before confirming for the event.		